

Campus Events

Tuesday, April 1
Scheduling for Summer & Fall classes begin

Thursday, April 3
Stage Band Show @7:00

Friday, April 4
Stage Band Show @ 7:00

Saturday, April 5
Stage Band Show @7:00

Sunday, April 6
Stage Band Show @2:00

Monday, April 7
FEA meeting upstairs in the Student Union @ noon

Thursday, April 10
Pine Burr news deadline

Friday, April 11
Princess Ball 6:30 – 8:30 P.M.

Monday, April 14 - Saturday, April 19
Spring Fest Week

Thursday, April 17
Bear Necessities Day

Friday, April 18
Good Friday holiday
Last day to drop an accelerated online classes with a grade of W

Sunday, April 20
Easter

Tuesday, April 22 – Sunday, April 27
Collegiate DECA 53rd International Career Development Conference (Washington, DC)

Wednesday, April 23
Awards Day

Thursday, April 24
Spring Explosion

Friday, April 25
Full-term online classes end

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Brayan Stewart-Bennett wins

By Huda Mohammad, staff writer

Students, faculty, family and friends filled the Hurst Auditorium of the Fine Arts Building on March 25, 2014, to watch several gifted students from different high schools and Southwest Mississippi Community College perform their talents in the third production of "Southwest's Got Talent" competition. To begin, Dr. Bill Ashley gave a brief welcome. Southwest's Stage Band performed "Get Ready" as their opening number. Last year's winner, Sam Mooney, introduced the contestants and the host for the evening, Ms. Pat Young. Now it was time to get down to business. Ms. Pat Young presented the three judges, and then it was time. Nine masterly students each performed their solo piece. First to perform was Brody East. Brody sang "Let Her Go" by Passenger. Then David Ivy performed his rendition of Al Green's "Let's Stay Together." Contestant number three was Seth Karas. Seth sang "Til I Hear You Sing." Then Brayan Stewart-Bennett sang his own version of John Legend's "All of Me." Hannah Monroe sang her own rendition of Adele's "Rolling in the Deep." Contestant number six was Sam Womack. Sam performed a creation of his own with his drums which includ-

ed various artists, such as Kenny Loggins, Gwen Stefani, Rush, Dexy's Midnight Runners, Bon Jovi, The B-52s, and Blink 182. Natalie Jo Mckenzie sang "Records" by Corinne Bailey Rae. Guitarist, Justin Taylor, performed "Texas Flood" which was recorded by Larry Davis and covered by Stevie Ray Vaughan and Double Trouble. Lastly, contestant number nine, Andy Causey, sang "Come to Me." After everyone performed, Sam Mooney played the piece he attributes to winning 2013's Southwest's Got Talent, "Too Close." After Sam Mooney's astonishing performance the top five finalists were announced. The top five included the following: David Ivy, Brayan Stewart-Bennett, Sam Womack, Natalie Jo McKenzie, and Justin Taylor. For his second solo performance of the night, David performed "Hallelujah" by Rufus Wainright. Brayan performed his own original piece, "Your Love is Amazing." Sam Womack performed another creation of his own. Natalie Jo McKenzie sang "Ex Old Man," and Justin Taylor performed "Crossroads" which is covered by Eric Clapton. While the judges judged the finalists, the SMCC stage band, singers, and dancers performed "Respect" which featured soloist Jasmine Sargent. Finally, what everyone had been waiting for, the winner



Brayan Stewart-Bennett sings "Your Love is Amazing" to win Southwest's Got Talent.

photo by Chuck Barnes

was announced. The winner who will also receive a \$1,000 scholarship to Southwest Mississippi Community College and will be featured in the upcoming SMCC Stage Band Show next weekend

on April 3rd through the 6th in the Hurst Auditorium was Brayan Stewart-Bennett. The audience went wild upon hearing that Brayan won. He was extremely happy that he won. Ms. Pat

Young spoke briefly to Brayan after he won, and he said he could not believe, and that he was very happy.

Lady Bears play in NJCAA

By Michael D. Gunnell
Southwest Sports Information Director

The Southwest Lady Bears' trip to the NJCAA national basketball tournament came to an unfortunate end Monday night as they were defeated by the Lady Grizzlies of Butler (KS) 69-31 at the Bicentennial Center in Salina, KS.

Despite the loss, the Lady Bears turned in the best season in recent Southwest basketball history as they finished with a 21-9 overall record. Their season included an 11-game winning streak and appearances in the MACJC and Region 23 championship games.

Butler quickly raced out to an early 14-6 lead with the Lady Bears getting three-pointers from April Levy and Madison Mault. Butler extended their lead up to 21 points, 28-7, with 5:35 left in the first half. Started by a Tee



Fredrikah Wilson, Tatyana Dobbins, April Leavy, Tee Myers, Katrina Littlepage, Eyonna Wolfe, Talisa Sherman, Janeesha Booth; second row: Madison Jones, Brent Harris, Head Coach; Tiffany Busby, Damiya McCullough, Elayne Robinson, Raven Reyes, Madison Mault, Cortney Epting, Aaliyah Williams, Delexus Lewis, Britta Stephens, Assistant Coach; Glynn Thornhill

Myers free throw and ending with a Courtney Epting bucket, the Lady Bears outscored Butler 10-5 to close the half and make the score 33-17.

The Lady Grizzlies opened the second half much like the first, scoring 14 of the first 17 points and extending their lead to 47-20 with 14:05 left in the game. Free throws from Raven Reyes and

Katrina Littlepage and a Talisa Sherman three-pointer helped the Lady Bears pull back to within 49-26 with 7:40 left in the game, but that would be as close as they would get the rest of the way. Butler, now 33-2, went on to the easy win and advanced to the next round of the tournament to face Shelton State Community College.

Southwest head coach Brent Harris said after the game that "we ran into a very good team tonight." Continuing, he said that despite the loss "we have a lot to be proud of-State runners up, Region runners up and 21-9 is really strong and we are still hungry for more next year." He closed out by saying "thank you to all of our fans who followed us

all year." Epting had seven points to lead Southwest. Littlepage followed with six points while Levy scored five and Meyers four. Mault and Sherman both had three points and Fredrikah Wilson had two. Reyes picked up one point. The Lady Bears hit nine of 19 free throws.

BSU travels to New York

By Brooke Cartwright, Editor

Eighteen SMCC students boarded an airplane headed for New York City early Saturday, March 8, 2014. These students chose to spend their Spring Break reaching out to local communities and churches in the Big Apple. The trip was led by Anthony "Twan" Britt, BSU Director, and Drew Richardson, BSU Co-director. Mississippi State Universities' BSU, as well as the University of South Florida joined the SMCC students. Some, fifty-eight students stayed at the MNYBA, or Metropolitan New York Baptist Association.

These students had the opportunity to work in several different areas of the city. The tracks included working with Unreached People Groups, working with international students at NYU, tutoring Hispanic children, and learning, as well as becoming aware of sex trafficking. This meant the students did work such as tutoring Hispanic children,

working with international students, and identifying brothels. The purpose for each one of these tracks was to share the love of God in a real way to the people of New York and to be the hands and feet of Christ. Not only did the students make new friends, and experiences, but they also grew in their faith and learned what evangelism really meant.

I spent my week in New York working at NYU. My group's task was to simply talk to the international students that were part of our conversational group. The students would sign up for the group and meet us either on campus or at a local coffee shop. We met over ten students, mostly Chinese, and got to learn about their culture, how they felt about the U.S., and their beliefs. The students were very open to talk about religion because they were so interested in it. They would ask us to share what we believed, and many of them had questions about the Bible. My week was so fulfilling because I was reminded of how big God is and how he can



Savannah Newton, Alex Brown, Lucy Puder, Jessica Ravencraft, Sarah Bennett, Kristen Dillon, Patricia Young, SMCC Academic Counselor; second row: Kayla Puder, Marlee Touchstone, Amber Richardson, Nick Peavey, Brannon Dickerson, Gage Gordon, Anthony Britt, BSU Director; third row: Allen Lampton, Ross Gray Lewman, Edward Miller, Drew Richardson, Briana Andrews, Colleen Seibert, Marisa Seibert; fourth row: Brooke Cartwright, Kaylie Crosby, and Marty Lewman

use those students to affect their countries on the other side of the world. Students also had time off to see the city. Many attended the Broadway musicals such as Phantom of the Opera and Aladdin. The students had all day that Friday to go and see New York's attractions such as the 9/11 Memorial and Central Park. The

trip made the students step out of their comfort zones and step out in faith. Overall, the trip was exciting and rewarding. The students that attended will be sure to take what they learned home with them.

Briana Andrew: "It was really eye-opening to see that there were so many brothels in one small

area and that that kind of stuff goes on right under our noses." Gage Gordon: "I had an amazing time witnessing to the international students at NYU and getting to know them personally."

Alex Brown: "I never knew that showing love and kindness to kids who needed it most would be so influential and humbling."

The Pine Burr

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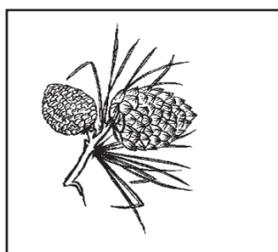


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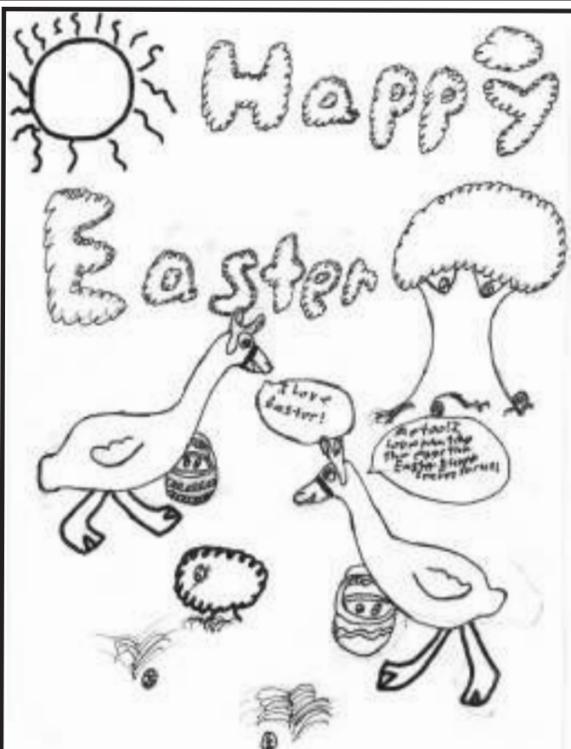
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Southwest Mississippi Community College does not discriminate on the basis of race, color, national origin, age, sex, religion, or disability in its programs, activities or employment practices. The following persons have been designated to handle inquiries and grievances regarding the non-discrimination policies: Rhonda Gibson, Director of Disability Support Services, 601-276-3885; Dr. Bill Ashley, Vice President of Student Affairs and Title IX Coordinator and Director of Athletics, 601-276-3717, 1156 College Dr., Summit, MS 39666.



Quote of the Month

“Education is not the filling of a pale, but the lighting of a fire.”
 –William Butler Yeats



BEAR AWARE

In order to effectively communicate emergency information to SMCC employees and students, SMCC has implemented a rapid alert and notification system developed by SchoolCast. BearAware is a service that allows employees and students of SMCC to receive alerts, news, or other emergency information via text, email, or by phone. Participation in Bear Aware is not mandatory but encouraged. At this time, the only information entered into the SchoolCast database is the student's "smcc.edu" email address. Alternate contact information should be provided to the SchoolCast database so that urgent messages may be received. The SchoolCast website (<http://www.myschoolcast.com>) may be accessed at anytime. Updates or additional contact information may include:

- " Email Addresses
- " Cell phones (voice of text message alerts)
- " Home phone number (voice alerts)
- " Work phone number (voice alerts)

Complete the following steps to update your Personal SchoolCast Log-In Information:

1. Access your SchoolCast Dashboard by going to the following secure web-site:
<https://www.myschoolcast.com>
 2. Enter your User Name: (Sent to your SMCC Email.)
 3. Enter your Initial/Temporary Password: (Sent to your SMCC Email.) This is the initial/temporary "PASSWORD" you must use when you first log in to the SchoolCast Dashboard. You will be required to change this password when you first log in. You may also change your "USER NAME", if you would like, to something easier for you to remember (such as your school email address). This feature is available as an option from the menu atop the SchoolCast Dashboard.)
 4. Follow the onscreen instructions to update your contact information.
- Critical emergencies rarely happen on the Southwest campus. Often times we are affected by severe weather events. Regardless of the emergency or event, Southwest MS Community College administration will communicate to its employees through Bear Aware and the "smcc.edu" webpage. Remember you will receive communication through Bear Aware only to the devices that you registered on SchoolCast. SMCC enforces a zero tolerance policy regarding cell phone usage in classrooms. However, faculty are permitted to have their cell phones on vibrate in the classroom in the event the Bear Aware system is activated.

Words from the SGA

Dear Fellow Students,

I hope all of you enjoyed your spring break. I'm sure, like me, you all were excited to get back to school and tell your friends about the adventures you had during your break. Whether you traveled far or near I'm sure you all had a fun time away from school. I was blessed with the opportunity to go to New York City on a mission trip with the BSU. I had such an amazing time; it was my second trip to New York so I got to be a group leader and guide my friends around the city as we shared the gospel to all that would listen. I encourage everyone if you have the opportunity to go to New York, you should. It will be a great life experience, and even if you dislike the "big city life," it will help you have a better perspective on your own life when you return. College is all about experiencing campus life, traveling, and building a network of friends that you can share the fun times of college. Some events you can attend and participate in at Southwest are softball and baseball games, Stage Band Show, Intramural Sports, and something we call SPRINGFEST, April 14-17. This lasts all week and there is something fun to do every single day, especially Thursday which is Bear Necessities Day. I hope every student participates in the activities, so start getting your teams together now so that you are ready for the challenges.

Winning is what Bears do!
 Edward Miller
 SGA President



Change is coming

Editorial
 By Brooke Cartwright
 Editor



Brooke Cartwright

With spring and warm weather approaching, so is change. What better time to experience as much change as

possible than college? College is the time to take chances, be spontaneous, and have a little fun. No, I am not saying abandon all your schoolwork and travel the world, but I am saying that college is the one time in your life that you will only have to take care of yourself. Soon, everyone around you will begin marrying, settling down, and having children. Though I would not say that these will be the best years of your life, I will say make the most of the freedom you have in college.

Why not step out of your comfort zone and go sky diving or scuba diving? Personally, my dream is to back pack through Europe before I have to enter the "real world." Traveling to another country can be one of the most exciting and fulfilling things you can do. Going and experiencing another culture can give you a new perspective on life itself. Even if you do not plan on leaving the United States, try planning a road trip with your friends. There are sure to be plenty of sur-

prises and adventures along the way!

No matter what your future career goals may be, take time now to check a few things off your bucket list. No one wants to tell their grandchildren that they never did anything exciting in their youth. We should all be making memories and stories that will last a lifetime. So take a few moments to break away from the textbooks, and decide to do something you will never forget!

Words to ponder

By Chance Humphreys,
 staff writer

I'm honored to have the privilege to write to you these next couple months about the work that God is doing in our generation of students. I hope you find these articles inspiring to you and our journey together to fight the good fight that we have been given. My name is Chance Humphreys and I am from Gloster, MS. This is my second year at Southwest and I will be graduating this May and starting seminary in New Orleans in the fall. I currently serve at Centreville Baptist Church in Centreville, MS, as the Youth Minister. I surrendered to ministry when I was a junior in high school and knew without a shadow of doubt that I wanted to

spend the rest of my life serving The Lord in whatever way He directs me. Luckily, I have been given the joy of serving youth around this community. I want to share a story with you that has inspired me to surrender to ministry and continue to serve The Lord.

In the year 1732, there were two men from Herrnhut, Germany named Johann Leonhard Dober and David Nitschmann that wanted to minister to African slaves in the Caribbean Islands of St. Thomas and St. Croix. They were told that nobody was allowed on the island freely, so with determination to bring the Gospel to these people they sold themselves as slaves. Leaving their families behind, they sailed away as slaves know-

ing that they would never return home to see their loved ones again. It is said that as the ship was pulling away from the docks, they cried out, "May the Lamb that was slain receive the reward of His suffering."

How powerful these men were to see the need of these people and to hear the love of God and what He has done for them. I long to have the passion that these men had; I sure can't imagine leaving my family and loved ones and never see them again. Not everybody is called the same way as these men were, but we are called to spread the love of Christ in whatever we are doing. I hope that this next week we can make it a priority in our life to show love and compassion to the people we come across in everyday

life.

If you're thinking, 'what a sad story,' well it does not end in this view of them sailing away to never be seen again. After years of them living among the slaves and preaching to them, thousands came to know Christ and were saved. In a place where missionaries were previously not allowed, churches began to be planted, more missionaries came, more people became saved, and the love of Christ spread throughout the country. Dober and Nitschmann made an impact on this world by having loved a lost people and letting God lead them in a way to show His love. What more beautiful of an ending view than these men finally returning home to embrace their loved ones once again.

Sometimes you win, sometimes you learn

By Chance Humphreys,
 staff writer

Have you ever felt as if winning seemed too difficult to achieve, or that it seems like you're always coming up short? Maybe you feel as if you're always on the losing side of things? Now we can observe a vast number of circumstances in this topic: sports, family matters, school, work, marriage, maybe it's all of these combined. If this is you don't give up yet, there's still hope.

Sometimes You Win, Sometimes You Learn is a book written by #1 New York Times Bestselling Author John C. Maxwell. I just finished reading this book, and it

has had a huge impact on the way I look at the circumstances in my life, especially when I lose. The main theme that Maxwell tries to imply is that life's greatest lessons are gained from our losses.

We are all very familiar with the phrase "sometimes you win, sometimes you lose." The message is, "Hope to win, expect to lose, and live with the results either way." If we want to be successful we must approach our trials and temptations differently. We must see the possibilities of gain in our failure. In James 1:2-3 James wrote, "Consider it pure joy, my brothers and sisters, whenever you face trials of various kinds, because you know that the testing of your faith produces

perseverance." We must find the positive among the negative.

Maxwell gives us eleven elements to overcome our trials and temptations:

- *Humility - The Spirit of Learning
- *Reality - The Foundation of Learning
- *Responsibility - The First Step of Learning
- *Improvement - The Focus of Learning
- *Hope - The Motivation of Learning
- *Teach ability - The Pathway of Learning
- *Adversity - The Catalyst of Learning
- *Problems - The Opportunities

- of Learning
- *Bad Experiences - The Perspective for Learning
- *Change - The Price of Learning
- *Maturity - The Value of Learning

If we truly want to become more successful, we must first be willing to learn. There is a 100% chance that you are going to fail at something in your life, but just because you failed does not mean that it has to be a wasted experience. Take these eleven points and apply them to your life the next time you fall short.

Experience is not the best teacher; evaluated experience is.

PTK attends MS/LA Regional Convention

By Huda Mohammad,
 staff writer

The Omicron Delta Chapter of Phi Theta Kappa went to the Mississippi/Louisiana Regional Convention held at Jones County Junior College. Congratulations to them for bringing home two trophies. PTK received awards for their College Project and Honors Project. The 2013 College Project involved cleaning the PTK hut on campus. The PTK hut is historically significant because it is believed to be the oldest building on SMCC's campus. PTK uses the building for storage. PTK students organized a day to clean and wash the outside of the hut with bleach, then they pressure washed the steps and sidewalk. This building is located between the Child Development Center and the



Elizabeth Cutrer, J.J. Kemp, Taylor Morgan, Marla Nottingham, Susan Hedges, advisor; Celestial James, Lea Touchstone, advisor; Leanna Hodges, Edward Miller, Sarah Szopinski

President's home. Also, the building has been painted and renovation work will continue on the inside. Now for the second trophy that was brought home. Every two years PTK announces an "Honors Topic" and each chapter centers its honors project around this topic. The topic for 2012 and 2013 was "The Culture of Competition" and Omicron Delta

was recognized with a trophy for our honors' project related to Theme 2 of the Honors' Topic, The Games People Play: Competition and Sports, Recreation and Games. The PTK project was brought up from a discussion about why there is so much competition for funding health related research. As a result of this discussion, members

of the Omicron Delta chapter participated in the American Diabetes Association's 5K run/walk to raise money for research. SMCC PTK students and advisors participated as walkers, runners and volunteers during this event. A SMCC PTK member, Alex Brown, won the overall race.

DECA students win

By Celestial James, staff writer

SMCC's Collegiate DECA attended the Mississippi Collegiate DECA Career Development Conference in Gulfport, MS. For the seventh year in a row, all of SMCC's Collegiate DECA competing students earned the honor of representing Mississippi at the 53rd Collegiate DECA International Career Development Conference to be held April 22-27, 2014, in Washington, D.C. Three students competed in a Business Simulations Event which involves a 100 question written exam and a business case study and role play with judges. This allows students to be assessed on both knowledge and their ability to apply that knowledge in a business or industry setting. Two students competed in a Case Study event which involves analyzing an onsite case study that involves a real business situation for one hour and participating in a role play situation with a professional business judge. One student participated in the Prepared Business Event.

Southwest MS Community College received the 2013-2014 Most Enthusiastic Chapter of the Year Award; the Collegiate

DECA Foundation Gold Star; the Mississippi Collegiate DECA State Charity Award for their numerous community service projects and donated to Memorial Hospital; and the official 2014 Mississippi Collegiate DECA charity. SMCC students also received 1st place Collegiate DECA Horizons Newsletter/Web Page Award for their contributions to the state newsletter/web page. SMCC Voting Delegates for the conference included Christy Coker, Hanna Hux, Crystal King, and Kirkland Ford. Competition Results: Christy Coker- 1st place Corporate Finance, 1st place Collegiate DECA Horizons Newsletter/Web Page Award, 2013-2014 Most Enthusiastic Chapter of the Year Award, Collegiate DECA Foundation Gold Star, Mississippi Collegiate DECA Community Service Award, SMCC Voting Delegate.

Kayla Boyd- 2nd place Professional Sales, 1st place Collegiate DECA Horizons Newsletter/Web Page Award, 2013-2014 Most Enthusiastic Chapter of the Year Award, Collegiate DECA Foundation Gold Star, Mississippi Collegiate DECA Community Service Award.



Pictured are Crystal King, Christy Coker, Hanna Hux and Kayla Boyd; standing: Mathew Baughman, Deanna Martin, adviser and instructor; and Kirkland Ford

Hanna Hux- 2nd place Business Ethics, 1st place Collegiate DECA Horizons Newsletter/Web Page Award, 2013-2014 Most Enthusiastic Chapter of the Year Award, Collegiate DECA Foundation Gold Star, Mississippi Collegiate DECA Community Service Award, SMCC Voting Delegate.

Crystal King- 2nd place Business Ethics, 1st place Collegiate DECA Horizons Newsletter/Web Page Award, 2013-2014 Most Enthusiastic Chapter of the Year Award, Collegiate DECA Foundation Gold Star, Mississippi Collegiate DECA Community Service Award, SMCC Voting Delegate.

Mathew Baughman- 3rd place Restaurant and Food Service Management, 1st place Collegiate DECA Horizons Newsletter/Web Page Award, Collegiate DECA Foundation Gold Star, Mississippi Collegiate DECA Community Service Award.

Kirkland Ford- 4th place Fashion Merchandising & Marketing, 1st place Collegiate DECA Horizons Newsletter/Web Page Award, 2013-2014 Most Enthusiastic Chapter of the Year Award, Collegiate DECA Foundation Gold Star, Mississippi Collegiate DECA Community Service Award, SMCC Voting Delegate.



Tracey smiles last year at Bear Necessities Day 2013. photo by Jay Bain

By Randy Achord, Director of Buildings

Tracey Wade Swanigan: Born 5-29-1970 Died 3-4-2014

Tracey Swanigan began her career at Southwest Mississippi Community College on July 16, 2007, in the Business Office as an Accounting Clerk. A short time later she transferred to the Maintenance Department and became Secretary to the Director of Maintenance, Grounds and Custodial Services. She became our Girl Friday, serving as the centerpiece for daily maintenance operations on campus. She would receive work orders, assign them to the proper people, and monitor progress of the ticket to its completion. In addition to her regular work load she would plan meals and order lunches for our CWC workers.

Tracey later became Secretary to the Vice-President for Physical Resources and played an important role in the development of our current electronic work order system. Tracey was a natural fit for this process, serving as a liaison between Departmental Directors and the Vice-President.

Tracey faced battles daily with her health but, no matter how she felt, always had a smile on her face, was always willing to share a kind word and was always willing to help others. Tracey was the glue that held the Physical Resources Division together. She was a friend to each and every person with whom she worked. Her attitude towards life inspired those around her. She will be greatly missed.

ADN students do Body Walk



Instructor Erica Myers, MSN, RN, Daniel Fenn, Chynethia Cannon, Kartek Yerneni, Josh Ryeraw, Kevin Cutrer, and Dominique Carr; second row: Ann Cagle, Leigh Ray, Chassity Simmons, Courtney Touchstone, Stephanie Johnson, Riki Pena, Brittany Frantom, Jamie Andrews, Adrienne Miller, Adreece Sanders; third row: Instructor Shellah Young, MSN, RN, Robin Miller, Carissa Bowman, Yvette Case, Kathryn Reid, Allyson Holmes, Taylor Foster, Bridgett Dillon, Lesley Chisholm, Decarloe Fortenberry, Miranda Boyte, Tonya McMorris, Kayla Womack, Morgan Lee, Haleigh Cowart, Polly Varnado, Ashton Aldridge, Hunter Ray, Craig Callihan, Hailey Powell, Instructor Dewanna Rand-Achord, MSN, RN, and Laken

By Rebekah Mote, staff writer

On Thursday, February 27, third semester ADN students from Southwest Mississippi Community College assisted with the local Body Walk at the Amite County Elementary School in Liberty. The Body Walk is an exhibit that is offered through MSU Cares, and is known as an exciting educational exhibit for kindergarten through 5th grade students. It is similar to The Body at the Mississippi Children's Museum in Jackson. Students, who participated in the event,

toured the human body and engaged in experiential educational activities. Beginning with the brain station, they learned the functions, as well as the importance of reading and studying to "exercise" our brain, and the use of safety equipment such as bicycle helmets to keep our brain safe. While moving to the mouth, students were able to sit on chairs that looked like teeth as they learned the functions of the mouth and the importance of brushing at least twice a day and flossing daily. They had giant toothbrushes (about one foot

long) to demonstrate the right way to brush teeth. Proceeding on to the stomach, they were able to have a question-and-answer session about healthy food choices, along with a large chart of the four basic food groups, and lots of realistic looking food props. Continuing on to the small intestine, students were taught further healthy food choices that help our bodies work more efficiently. Each and every station throughout the Body Walk promoted healthy choices in food, exercise, and safety. When children had finished the tour of the exhibit

and lead them in a series of stretches, exercises, and dances. The hokey-pokey was the number one favorite among the children. ADN Instructor Shellah Young commented, "Southwest students have participated in the Body Walk before at Higgins Elementary in McComb and North Pike Elementary in Summit. It was a tremendous learning opportunity for our own students, and the children absolutely love the interactive learning. It was a fun day for us all."

Crawfish is Back

By Terineka Allen, staff writer

Crawfish is one of the most popular foods here down south when they are in season. Everyone knows when spring time approaches, it's crawfish time! It is a tradition in Louisiana to have a crawfish boil on Good Friday. Some people even have crawfish boils on Easter. There are many crawfish boils, and stores that sell them by the pound. If you want to, you can go crawfishing and catch them yourself. If you want to buy some hot boiled crawfish out of a store they are \$4.99 and \$5.99 a pound, depending on where you get them. Café Dupree in McComb, MS, has them for \$4.99 a pound. The Seafood Company in McComb, MS, has them from \$5.99 a pound. One Stop in McComb, MS, will have them in sometime this month. If you like them spicy, the best place to get them is at The Seafood Company. Water and milk are the best things to drink to cool your mouth it down. Caffeine will only make it burn more. If you have never tried crawfish, you should. I hope you get to try them while they are in season. Enjoy!

Quin goes to Florida! Why? Was it Spring Break or a school?

By Demetrius De'Von Quin, staff writer

If anyone is keeping up with the Kardashians, they need to stop and try to keep up with me! During spring break, I traveled to Miami, Florida. I went to see friends. The flipside of it is no one knew that I also went to visit schools there. Let me inform you on the schools I visited.

1. Florida Atlantic University- a public institution that was founded in 1961. Its setting is urban and it utilizes a semester-based academic calendar. They are committed to providing access to a broad array of higher educational opportunities through its networks. FAU has achieved special distinction in the areas of ocean engineering, biomedical research, nursing, accounting, entrepreneurship, arts and humanities, complex systems and brain sciences, honors education, Judaic and Holocaust studies, sto-

chastic, computer science, and engineering. The College of Medicine just opened up there.

2. Florida International University- founded in 1965. Miami's Florida International University has two main campuses: the Modesto A. Maidique Campus in Miami-Dade County and the Biscayne Bay Campus in North Miami. About 60 percent of students who attend the university are Hispanic, making the school one of the top granters of bachelor's degrees to Hispanic undergraduates. Notable alumni of FIU include actor Danny Pino, who has appeared in television shows including The Shield and Law & Order: Special Victims Unit, and Adam Stewart, CEO of Sandals Resorts International. FIU offers more than 180 baccalaureate, masters, professional and research doctorate programs and conducts basic and applied research. With more than 50,000 students, 1116 full-time instruc-

tional faculty, and over 11,000 degrees awarded annually, FIU is the largest university in South Florida. FIU is dynamic. They have that "can-do" spirit and you will feel that on campus.

3. University of South Florida - founded in 1956. USF is a research institution with multiple campuses throughout the state. Its main location is in Tampa and has regional campuses in Sarasota and Lakeland. On campus, there are more than 400 student organizations to check out, as well as a large Greek community. Any activity that students get involved in may be added to their curricular transcript, an official document the school offers to help students showcase their extracurricular involvement and specialized skills to future employers. Notable alumni of the University of South Florida include wrestler Hulk Hogan; model Lauren Hutton; Richard Oppel, Pulitzer Prize-winning

journalist and former editor of the Austin American-Statesman and Charlotte Observer; and Kimberly Ross, executive vice president and chief financial officer of global cosmetics company Avon. At the heart of USF is a vibrant, diverse and engaged student body. More than 47,000 students are enrolled in the USF System. With over 230 degree programs at the undergraduate, graduate, specialty and doctoral levels, including the doctor of medicine, there's something for everyone at USF. The university offers a dynamic learning environment that inspires innovation, creativity and collaboration and is focused on student success.

As you can see, Florida is calling me as well. The beaches were just wonderful and the schools were outstanding. Keep reading the Pine Burr to find out where I will end up!

Strawberry Festival

By Terineka Allen, staff writer

It's that time of year again for the Ponchatoula Strawberry Festival. This will be the 43rd Annual Ponchatoula Strawberry Festival. It will take place on April 11-13, 2014. It is held at the Memorial Park in historic Ponchatoula, Louisiana. The Ponchatoula Strawberry Festival is a FREE family friendly outdoor festival, filled with lots of great food, games, entertainment, and fun for people of all ages to enjoy. They have a schedule of different events. On the first day of the festival, Friday, April 11, 2014, there will be a strawberry eating contest at 5:30 p.m. Saturday, April 12, 2014, there will be an egg toss game from 12:00 p.m. to 2:00 p.m. From 4:30 p.m. to 5:30 p.m., a game of dominoes will be played. There will also be sack races from 4:30 p.m. to 6:00 p.m. Sunday, April 13, 2014 the same games from Saturday will be played again. The Strawberry Festival is a fun place to go to, and a way to get out of the house. Remember to stay hydrated when you go because it is usually very hot during the festival.

Movie Review: The Single Mom's Club PG 13

By Demetrius De'Von Quin, Staff Writer

Tyler Perry's The Single Moms Club follows five single mothers from different walks of life that come together when their teen kids, who all attend the same exclusive school, get in trouble for smoking and vandalism. It turns out that the school makes parents get involved when their children act out, so the five women are tasked with organizing a fundraiser dance. The group consists of Jan, a type-A executive who is struggling to hold on to her stressful career in publishing; Hillary, a mother of three still reeling from her recent divorce, and who has the hots for her new neighbor; Esperanza, who is hiding her new boyfriend from her ex-husband because she fears he might take away his financial support; May, an aspiring writer with a drug-addict ex-husband and a teenage son who wants to know more about his dad; and Lytia, a sassy waitress trying to keep her youngest son from falling into a life of crime. The outspoken Jan and the equally unfiltered Lytia quickly butt heads, but as the five start to open up about their parenting and dating struggles, they find they can lean on each other for support. They also learn about each other children. May son runs away to see about his drug-addict father, while Hillary is watching him along with the other's children. May leaves the group but close to the end of the movie the sisterhood is reunited. The last thing that I will reveal unto you all is that the other mothers know more about the other children than their own. However, closer to the end the bonds with their own children is formed greatly.



Josh Troxler, SMCC Automotive Technology instructor, gives blood to save lives.

Be a healthy you

By Amber Loflin, staff writer

Would you describe yourself as health-conscious? A new study from the American Academy of Pediatrics' Center for Child Health Research has found that teens cannot afford not to be. The researchers say that nearly a million teens are at risk for metabolic syndrome — a condition that affects at least a third of overweight teens. Teens with the syndrome are believed to be at a greatly increased risk for developing Type 2 diabetes by their 20s and heart disease as early as in their 40s.

Type 2 diabetes is a disease that can cause life-threatening complications to the body's organs. With Type 2 diabetes, the pancreas does not make enough insulin, a hormone that helps your body process sugars and starches into energy. Without enough insulin, your body becomes starved for energy and too much sugar remains in the blood, which can lead to blindness, kidney disease and nerve damage.

Those with metabolic syndrome are defined as having at least three of five criteria: being overweight, particularly around the abdomen; having high blood pressure; having high blood sugar; having low levels of HDL cholesterol (considered a healthy type of cholesterol); and having high levels of fatty chemicals in the blood known as triglycerides.

It is not all bad news however. The study shows that the risk for diabetes and heart disease drops sharply for those with metabolic syndrome if they lose weight.

Bear Necessities Day

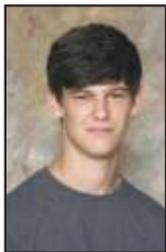
By Huda Mohammad, staff writer

Spring Fest Week is coming up! April 14th through the 18th will be filled with a ton of activities for students to participate in. One of the biggest, most exciting filled days during the Spring Fest Week is Bear Necessities Day. Bear Necessities Day will be held on April 17, 2014. It has always been a success in the past years. I encourage everyone, whether you are a freshman or a sophomore, to attend Bear Necessities Day. Better yet, join a team or make your own team, and compete in the various competitions. It is all fun and games, and I am positive if you are a part of a team, you will not regret it. Instead you will make many memories just from this one day. This day is such an amazing day to get together with your friends, and enjoy the fun activities. Most teams in the past wear matching shirts or outfits. Therefore, Bear Necessities Day gives you the chance to put your creativity skills to work as well. Once you know who is on your team, get with them and decide on a theme. Last year there was a Duck Dynasty team, and that seemed to be the crowd's favorite. However, just a simple pop of color on your t-shirt design can have your team catching the attention of the crowd. Like I said before, I strongly suggest that everyone comes out to this occasion, and experiences it. Leave the books behind for a while, and come enjoy the activities in the sun during SMCC's Spring Fest Week. I hope to see you all at Bear Necessities Day.



Chris Smith shows off his t-shirt after giving blood.

Landon Mabile wins PTK scholarship



Landon Mabile

By Huda Mohammad, staff writer

Fifty-three Mississippi community and junior college students have been named to the All-Mississippi Community College Academic Team. The All-Mississippi Academic Team recognizes the scholastic achievements and leadership accomplish-

ments of students enrolled in community and junior colleges across the state of Mississippi. Fifteen students are named for the First Team. The students who receive a spot in the First Team also receive a 1,000 scholarship. One of Southwest Mississippi Community Colleges students, Landon Mabile, was chosen as a member of the First Team, and will receive the scholarship. Landon, along with the fourteen other First Team members was honored at the State Capitol by the Mississippi Legislature. They were guests of honor at a lunch-

eon held at the Jackson Convention Complex. Also one of Southwest's students, J.J. Kemp won Second Team recognition. Both of these students plan to further their education at Mississippi State University. MSU awards an additional scholarship for being named the first or second All-Mississippi Academic team, therefore, both of Southwest's students will benefit. All of the All-Mississippi Academic Team members were selected following several rounds of judging. The judges included education and business leaders

from the Metro-Jackson area and a distinguished panel of representatives from federal agencies and national education associations, based in Washington, D.C. Students named to the All-Mississippi Academic Team compete for placement on the national All-USA Community College Academic Team, sponsored by Frollett Higher Education Group, and presented by USA TODAY with additional support provided by the American Association of Community Colleges and Phi Theta Kappa.

By Brooke Cartwright, Editor

Easter around the world

Here in the United States, we associate Easter immediately with egg hunts, the Easter bunny, and chocolate. However, we are not the only country to celebrate Easter, so how does the rest of the world do it? In Ethiopia, the people adorn their head with bands made of palm leaves as well as rings for their fingers on Palm Sunday. Their Sunday church services actually start the night before at eight p.m. and end at three a.m. on Sunday morning. In Germany, the priest rides to the Palm Sunday service on a donkey! Every ten years, in the village of Oberammergau, the Passion play is performed, at which the crucifixion of Christ is reenacted. In France, Boxwood branches are put over doorways for good luck. Let's not forget about Italy, where the Pope holds a large Mass Service in St. Peter's Square in Vatican City. In Peru, a large statue of Jesus riding a donkey is brought through towns and villages before Easter service is started. One of the more interesting traditions is found in Portugal where large bonfires are lit, and small dolls representing Judas are thrown into the fire. Sometimes it is good for us to take a step back and see how the rest of the world perceives something. No matter how we all celebrate it however, Easter is still recognized as remembrance for the death, and resurrection of Jesus Christ. If you would like to research more about the way the world celebrates this holiday, you can log on to www.whyeeaster.com.

Campus Blood Drive saves lives



Pictured above are Jay Bain, Campus Policeman, and Destine Forrest, cosmetology student volunteer.

SMCC's Blood Drive collected 186 units of blood and 3 units of plasma during the Blood Drive on March 3-5. 185 people registered to give blood with 85 of those being first time donors. SMCC rewarded donors by giving away prizes and daily door prizes. The Overall Double Red Donor winner was Justin Smith, who won a \$25 gas card. The Overall Student

Volunteer winner was Kristen Dillon, who won a \$25 Belk Gift Card. The Overall Faculty/Staff Volunteer winner was Jay Bain, SMCC's Campus Police Officer, and he won 2 Sunday lunch buffets at the SMCC Cafeteria. The Overall Student Donor winner was August Siebert, who won a one month free classes at Epic Martial Arts, a SMCC T-Shirt,

a Duffle Bag, a Coke, and candy. The Overall Faculty/Staff Donor winner was Beverly Johnson, SMCC's Workforce Secretary, and she won a \$50 Dixie Springs gift card, a SMCC stadium cushion, and a Coke. There were over 20 daily door prizes that were also given out at the blood drive to donors and volunteers.

S.O.S.!!! Superstars of Southwest Who is that?

By Demetrius De'Von Quin, staff writer

This article contains some fabulous students along with an outstanding instructor. I'm telling you that these people aren't playing games; from Norway to America, from country girl to Southern Belle, these people come from all different walks of life. Mrs. Debera Reeves, Michelle Hardy, Brice Greco, Mattie Rials, and Marius Loekken all have been interviewed for this month's section of Who is that?

Mrs. Debera Reeves: Growing up in the rural parts of Walthall County, this amazing lady not only attended Dexter High School but graduated there as Valedictorian in 1989. She then came to SMCC and graduated in 1991 with high honors. Deciding to continue her education, she attended USM. From USM she obtained a degree in Mathematics. This young lady got her Bachelors of Science degree from USM in 1993 and stood out with high honors. She decided to teach because it was a burning passion of hers since she was a little girl. When Mrs. Reeves realized she wanted to teach, it was too late to go directly into the field. She had dropped education as a minor and picked up Computer Science with Statistics. Due to this, she went to pursue a Master's degree from William Carey. Like she has always done in the past, she finished with high honors here, too. Her career at

SMCC started in 1996 teaching Beginning Algebra part time, while she was completing her masters. In 1999 she married a physical therapist named Scott Reeves, and they moved to Bogue Chitto. This union brought forth Mitch age 12 and Jake, who is 10. The two boys are two of Parklane's finest. Her family attends church at Calvary Baptist in Bogue Chitto. She enjoys singing, watching her children play sports, and simply spending time with her family. Mrs. Reeves loves teaching at SMCC because of the small class sizes, the support of the administration, and the cohesion of the department in which she works. She advised me, "Do what you don't want to do when you don't want to do it." She now teaches all three algebra classes. She thinks that the students can put out a little more effort. "If they stop self-predicting that they can't do it, what they can do is limitless." Mrs. Reeves is on a mission to teach her students not to forget things. A word of wisdom from Mrs. Reeves is that success equals hard work; if you want to be successful you must put in the work.

Michelle Hardy: She chose to come to Southwest sometime after her graduating North Pike High School in 2007 because of the community and opportunities provided for her. She is undecided on her next step. She plans to transfer in the spring of 2015. She wants to go to Southeastern, but she is leaning toward USM. It isn't easy being a psychology

major. Because of her instructors love for her, she rates SMCC a 10! She works at Bookland. She spends her free time volunteering at Healing Hearts, an organization associated with Fern Crossley and also jail ministries. She also volunteers to teach 4th grade religion at St. Alphonsus Catholic School. It is her faith that bridges the gap between where she is now and the place God is taking her.

Brice Greco: This guy finished North Pike High School a semester early and came straight to Southwest. His class graduation date was in May of 2013, but he left NP in December of 2012. Southwest is close to home with good teachers and small classes (not to mention it is cheap). These are some reasons for him being here and rating SMCC as an eight. His passion to travel caused him to leave SMCC after one semester and go to Austin Community College in Austin. Being back at Southwest, Brice is on track to graduate in December of this year as a PTK member with a 3.9 GPA. Then he plans on transferring to Louisiana State University majoring in Petroleum Engineering. During his free time, he travels to new places, exercises, and listens to a vast range of music. In the next ten years he plans on retiring from his job as a Petroleum Engineer to open up a small business. He keeps his motivation up by reminding himself to be the best he can be!

Mattie Rials: This Bear Tracker

is a part of the class of 2012 from Bogue Chitto High School. She is set to transfer in the fall of this year to Ole Miss. SMCC gets a 7 from her because she saved a lot of money on basic classes. Her major is pre-pharmacy. She enjoys being in the choir here at SMCC. Her duties as a Bear Tracker are to represent SMCC. You'll know her by that blue shirt. She can be found at school events including blood drive sign ups. She lives life with this in her mind: that nothing in life comes easy.

Marius Loekken: He is from Norway! In 2008 after completing Adolf Oien (High School) in Trondheim, Norway, he came to Asia for four months. He lived in Southwest for the Nursing Program. Most of you are wondering why? Well, he was on a one year internship with Disney World working in EPCOT's Norwegian Pavilion. While working there he met this girl from Louisiana, and they started to date. He moved back to LA with her, and they both attend here. During his down time, he volunteers at the Humane Society and works out at the Athletic Club. He puts SMCC at an eight. Anticipating on finishing the ADN program spring of 2016, he plans to work and get a BSN. He is undecided on where he wants to transfer to receive his BSN. Ten years from now, he wants to be a traveling nurse and travel to as many places as possible. "Adventure is out there," he said.

The Angola Prison Rodeo

Terineka Allen, staff writer

The Angola Rodeo is the longest running prison rodeo in the nation. It is a professionally produced rodeo and is now open to the public. The rodeo has been a growing tradition since 1965. As the years have passed, the rodeo has grown exponentially in size, events, and sponsorships. Angola contracts with professional rodeo stock used in each show and are judged by professional judges. Emergency services are on site to provide medical assistance to inmates and spectators if such a need arises.

What began forty years ago as a "fun thing" by a handful of rodeo-loving inmates and employees, is now a large, ongoing business. Proceeds from the Angola Prison Rodeo cover rodeo expenses and supplement the Louisiana State Penitentiary Inmate Welfare Fund, which provides for inmate educational and recreational supplies. I have been to both the October and the Spring Rodeo, and it was quite the experience. There were a variety of activities people could attend while at the Angola Prison Rodeo. There were many people who browsed through whatnots to buy and, of course, lots of food to eat. The inmates spent a lot of time making items that they sold at the rodeo. Such items included: personalized belts, purses, rocking chairs, dining room sets, bedroom sets, paintings, gun cabinets, tables, and more. They also had a wide variety of food to buy, ranging from fresh BBQ po-boys to great jambalaya and gumbo.

I would encourage anybody to get tickets and check this event out. Tickets for the 2014 Spring Angola Rodeo are now on sale. The Spring Rodeo will be held through April 26th and the 27th. You can visit www.angolarodeo.com to buy tickets and get directions to Angola.

Softball team moves forward

By Michael D. Gunnell
SMCC Sports Director

February 2, 2014

Five home runs spread over two games helped the Southwest Lady Bears open the 2014 softball campaign with 14-5 and 11-2 wins over visiting Mississippi Delta Wednesday afternoon.

A two-out walk followed by a Brie Harper homer to center put the Lady Bears on top 2-0 in the first inning of the initial game Wednesday. A three-run shot Harley Myers and run-scoring single by Kristen Gekler made it 6-1 after two innings.

Southwest added three more runs in their half of the third to make it 9-1. Another three-run blast, this one in the bottom of the fourth by Gekler, helped the Lady Bears go up 14-1. The Lady Trojans picked up their final runs in the top of the fifth before the game ended.

Myers and Chelsea Nette both went 3-4 and drove in four runs to pace the Lady Bears' attack. Harper and Marisa Pruski both had two hits. Amy Lea, Abigail Hall, Gekler and Marisa Jenkins also hit safely.

Gekler was the winning pitcher for Southwest. In 3.2 innings in the circle, she gave up only one run on two hits, striking out three while issuing no bases on balls. Madison Teague also pitched.

The Lady Bears jumped out to a quick 3-0 in the first inning of the finale. With Harley Myers and Chelsea Nette on base via base hits, freshman Abigail Hall picked up her first collegiate home run with a shot to left field.

Jessica Pipkins drove in a run with a single in the second inning and later scored on an errant throw to put the Lady Bears up 5-0. With the score 5-1 in the bottom of the third, Gekler led off the Southwest half of the frame with a single and later scored on Pipkins' double to make the score 7-1.

The final Southwest runs of the day came in grand fashion in the fourth inning. Singles by Myers and Hall and a walk to Harper set the stage for Gekler who responded with a grand slam to straight away center to make the score 11-1. The Lady Trojans then picked up their final run in the top of the fifth.

Myers went 3-3 for the Lady Bears while Pipkins, Hall, Payton Lewis and Gekler all had two hits. Gekler drove in four runs. Nette and Mary Margaret McLaurin also had hits.

Hall was the winning pitcher for Southwest. Through four innings, she allowed a run on three hits while striking out two and walking none. Keely Fortenberry pitched one inning.

February 26, 2014

The Southwest Lady Bears began a two-day road trip Tuesday with a doubleheader split at Northwest. The Lady Rangers took the opener, 9-5, while the Lady Bears prevailed, 4-3, in the finale.

Southwest (4-7) will be at Moorhead today for a 1:00 twin-bill at Mississippi Delta.

In the win, the Lady Bears went up 1-0 in the top of the first when Payton Lewis singled to centerfield with one out and

scored three batters later on the first two Brie Harper base hits.

The Lady Bears then took a 3-1 lead in their half of the third. With Lewis on base via an error and Myers with a single, Jessica Pipkins drove them both home with a base hit up the middle.

The score then went to 4-1 in the fourth when Chelsea Nette reached base on an error and later scored Lewis' second hit of the game. Northwest added a run in the bottom of the sixth, but it was not enough as the Lady Bears held on for the win.

Maddy Teague pitched the full seven innings to pick up the win for Southwest. Allowing seven hits, she gave up three unearned runs while striking out six batters and walking three.

Myers and Pipkins both finished with three base hits in the game while Bethany Crawford added a double

In game one, the Lady Bears took a 1-0 first-inning lead. Nette led off the game with a walk. Moving to second base on a steal, she advanced to third on a Kristen Gekler single and scored on a throw to second.

Trailing 7-2, Southwest picked up two more runs of the game in the fourth inning when Mary Margaret McLaurin blasted a pitch over the centerfield fence. Scoring on the play was courtesy runner Shaden Miller.

With Northwest on top 9-4, the Lady Bears added their final run in the top of the seventh when Harper lined a two-out double to right field to drive Crawford to the plate. Crawford was on base as a courtesy runner.

Gekler pitched 2.1 innings to take the loss for the Lady Bears, allowing seven runs on eight hits. She struck out one batter and walked two. Abi Hall pitched the final 3.2 innings.

Lewis had two singles in the game while Pipkins, Marisa Pruski and Hall also hit safely.

March 6, 2014

Things did not go well for the Lady Bears softball team Wednesday as they dropped MACJC South Division doubleheader to their arch-rival Co-Lin, 8-0 and 8-3.

Co-Lin (11-6, 3-1) would score all the runs they would need in the first inning of the opener as they took a 3-0 lead. They added two more in the second and the final three in the fourth.

The Lady Bears were limited to singles by Kristen Gekler, Abi Hall, Mary Margaret McLaurin, Harley Myers and Chelsea Nette. Hall took the loss in the circle, allowing five runs on five hits. She issued two bases on balls. Gekler also pitched.

In the finale, the Lady Bears were down 2-0 before they took a 3-2 lead in the top of the third. Myers singled to centerfield to send courtesy runner Shaden Miller to the plate. Nette, on base with a single, also scored on the play. Myers then scored on a two-out passed ball.

That would be it for the Lady Bears as Co-Lin scored six runs in their half of the inning. Neither team would score the rest of the way.

Maddy Teague went the distance in the circle in taking the loss for Southwest. She gave up

four earned runs on 10 hits while striking out two and walking seven.

Brie Harper had two singles in the game for the Lady Bears. Marissa Jenkins had a double while Payton Lewis, Nette and Jessica Pipkins also hit safely.

March 20, 2014

The Southwest Lady Bears picked up an MACJC South Division doubleheader sweep over the visiting Hinds Lady Eagles Thursday afternoon, winning game one 5-1 and the finale 4-2.

The Lady Bears (7-14, 3-7) led game one 4-0 after three innings. Chelsea Nette reached base in the first inning on an error and later scored on Kristen Gekler's sacrifice fly. Jessica Pipkins and Harley Myers both had a run-producing single in the second inning and Morgan Brown scored in the third inning on another Hinds error.

Hinds loaded the bases with no outs in the top of the fourth, but a home-to-first double play and fly out allowed the Lady Bears to escape unharmed.

The final run for Southwest came in the fifth inning when Payton Lewis singled to centerfield with two outs and raced home two batters later on Mary Margaret McLaurin's base hit past third base.

Hinds (6-18, 2-8) avoided the shutout in the top of the seventh when Ashlyn Shields reached base on a fielder's choice and scored on Jermya Walker's base hit.

Maddy Teague pitched all seven innings to record the win

for the Lady Bears. She surrendered five hits while striking out two batters and walking one. Lewis and Myers both had two hits in the game while Brie Harper also hit safely.

Monica Wade scored in the first inning of the nightcap and Walker in the second to give Hinds a 2-0 lead. The Lady Eagles maintained their lead until the fifth inning when the first three Lady Bears' batters scored to give their squad a 3-2 lead. Harper led off the frame with base hit and McLaurin followed with a home run over the left field fence. A throwing error by the Hinds pitcher allowed the next batter, Marisa Pruski, to race around the bases and score the go-ahead run.

The final run of the day came in the bottom of the sixth when courtesy runner Shaden Miller scored on an error by the Hinds first baseman.

Gekler pitched the final 4.1 innings in relief, giving up three hits and walking one. Abi Hall started the game and went 2.2 innings, giving up two unearned runs on five hits. She struck out five batters and walked one. Harper, Myers and Pipkins all had singles for the Lady Bears.

Addressing the Lady Bears slow start in game two, Southwest head coach Patsy Sandifer said, "We kind of had a lull (in our offense) in the first, second, third and fourth innings. We kept pushing, kept encouraging the girls...and it finally worked."

Baseball team steps up to the plate



By Michael D. Gunnell
Southwest Sports Information Director

February 18, 2014

The Southwest Bears split a doubleheader with Wallace-Selma Community College Monday in Mobile, winning the opener 3-1 and falling 15-9 in the nightcap. With the split, the Bears now stand 2-2 on the young season.

Southwest took a 1-0 lead in the second inning of the opener when Kendrick Hodges led off with a single and scored on a line-drive double to centerfield off the bat of Payden Lynch.

The lead went to 3-0 in the fourth inning. Lynch led off with his second double, moved to third when Patric Devlin reached base on a sacrifice bunt and scored on a passed ball. Moving to second when Lynch scored, Devlin advanced to third on a Tyler Towle's groundout and later scored on another passed ball.

Wallace-Selma scored their only run of the game in the sixth inning when Reise Bell led off with a single to right and reached home when Tyler Evans ground-out to second.

Shane McKinley (1-1) went three innings on the mound to pick up the win for Southwest. He surrendered three hits while striking out two and issuing one walk. Cliff Hurst pitched the next three innings before giving way to Brady Badon. Badon pitched a perfect seventh inning to record his second save of the season. Collin Carroll, Anthony Durr and Towles all singled for the Bears.

Trailing 6-1 in game two, the Bears picked up five runs in the third to knot the score at 6-6. Carroll, Lynch, and Trent Gordy all drove in a run with a base hit while ground outs by Hodges and Devlin accounted for the other two.

The Bears took an 8-7 lead in the fifth inning when Lynch was hit by a pitched, moved to second on a Gordy single and scored on Devlin's ground out to first. Gordy reached home on a Zach Jones double to left.

Wallace-Selma answered with four runs in their half of the fifth to take an 11-8 lead. The Bears picked one run back up in the sixth when Carroll hit a one-out double to center, his third hit of the game, stole third and scored

on a Hodges fly out. That was as close as the Bears would get as Wallace-Selma answered with four more runs in the bottom of the sixth.

Jesse Travis pitched three innings in taking the loss on the mound for the Bears. Chase Ladd and J. D. Stockstill also pitched.

Austin Knight and Logan Ferrell both had two singles in the game while Durr and Hodges also hit safely.

February 23, 2014

After waiting over two weeks, the Southwest Bears finally made their 2014 home debut Saturday with a 2-1 and 5-1 sweep over the 10th-ranked Kaskaskia College Blue Devils.

Runs were at a premium in the opener against Kaskaskia. The Bears (4-2) took a 1-0 lead in the bottom of the first inning when Logan Ferrell led off with a single and later scored on a two-out single by Kendrick Hodges. Kaskaskia used a base hit, Southwest error and wild pitch to score their only run in the top of the third and knot the game at 1-1.

The winning run for the Bears came in their half of the sixth when Anthony Durr led off with a double to right field, his second hit of the game. Moving to second on a walk, Durr then stole third base and scored when Hodges reached base on a fielder's choice.

Shane McKinley pitched five outstanding innings on the mound for the Bears to start the game. The sophomore left-hander allowed only two hits and an unearned run while striking out eight and issuing only one base on balls.

Sam Richard then gave up one hit in an inning of relief in to pick up the win. Brady Badon pitched the seventh inning and struck out all three batters he faced to record his third save of the young season. Collin Carroll also had a base hit for the Bears.

Southwest used outstanding pitching again in the finale, and exploded for 12 hits, in picking up the win in the finale.

After falling behind 1-0 in the top of the second, the Bears answered with three runs in their half of the frame to take a 3-1 lead. Payden Lynch got things started with a massive homer to left center field. With two outs, Zach Jones doubled to left, Andrew Hulbert walked. Ferrell then drove them both home with a double to right.

The Bears added their final runs in the fourth inning. Ferrell picked up his third of the game to

drive home Jones, on base via a Kaskaskia error. Ferrell then scored on Durr's second hit of the game, a two-out double to left.

Cliff Hurst (2-0) tossed five innings of two-hit ball to pick up the win for the Bears. He surrendered two hits and an unearned run while striking out five and walking one.

Jared Simon took the mound in the sixth inning before giving way to Jacob Savoy. Both pitchers faced retired all three batters they faced and both struck out one. Carroll had two base hits in the game, including a double. Cole Guyton and Ken Hodges also hit safely. Lynch added a double.

March 10, 2013

The Southwest Bears dropped a pair of games in Baton Rouge Sunday afternoon as St. Louis Community College won 8-4 and Baton Rouge Community College won 4-0 in a scheduled nine-inning game.

Southwest will open MACJC South Division play Wednesday when the Bears travel to Hinds Community College Wednesday for a 1:00 doubleheader.

The Bears (6-8) were down 3-0 to St. Louis when they put two runs on the board in the top of the third inning. Zach Jones led off the inning with a triple to leftfield and scored two batters later on Andrew Hulbert's single past third base. Austin Knight, on base after being hit by a pitch, scored on Anthony Durr's ground out. St. Louis added a solo run in the bottom of the frame to make the score 4-2.

In the top of the fourth, the Bears made the score 4-3 when Kendrick Hodges led off with a single and later scored on Jones' sacrifice fly. St. Louis then answered with three more in the bottom of the inning to push their lead to 7-3.

The final run of the game for the Bears came in the top of the fifth when Hulbert doubled to right field and scored on Logan Ferrell's single. St. Louis then added their final run in the bottom of the inning.

Jason Milton went 3.2 innings on the mound in taking the loss for the Bears. He allowed seven runs, only two earned, and four hits while striking out two and walking five. Jade Whitten surrendered a run and three hits in 1.1 innings while striking out one. Jacob Savoy struck out one and walked on in one inning of work.

In the nightcap, Baton Rouge scored the only run they would need in the bottom of the second inning. They added another run in

the third and two more in the seventh.

Jesse Travis took the tough-luck loss on the mound for the Bears. In six innings of work, he gave up two runs (one earned) on only three hits. He struck out three and issued four bases on balls. Sam Richard went one inning on the mound, giving up two unearned runs on one hit while walking two and striking out one. Brady Badon pitched one inning, giving up one hit and striking out one.

Trent Gordy, Jones, Knight and Payden Lynch all singled for the Bears.

March 15, 2014

The Southwest Bears picked up their first MACJC South Division win Saturday with a 3-1 win over visiting Mississippi Gulf Coast in the finale of their doubleheader. Gulf Coast took a 3-2 win in the opener.

Southwest (7-11, 1-3) took a 1-0 lead in the third inning of the nightcap when Andrew Hulbert reached base with a one-out single to left field. He then stole second and scored when Anthony Durr reached base on a Gulf Coast error.

The Bears extended their lead to 3-0 in the fourth inning Kendrick Hodges scored on Hulbert's base-loaded single to right. Two batters later, with the bases still loaded and two outs, Durr walked to force Trey Wynn to the plate.

Gulf Coast (10-9, 1-3) scored their only run in the top of the sixth when Jacob Swiney led off with a triple and scored on Adam Cagnina's ground out.

Brady Badon took the mound in relief of Jason Milton in the top of the second and promptly retired the first two batters. Things then got interesting when he walked the next two batters to put the tying runs on base. But, with a 1-2 count, he induced Swiney to fly out to right run to end the game and pick up his fourth save of the year. "I wasn't really scared," Badon said of the situation after the game. "I knew I had a good defense behind me so I was just going to throw strikes."

Milton pitched surrendered three hits in six innings on the way to picking up the win. He allowed a run and struck out three batters while walking one. Collin Carroll, Logan Ferrell, Austin Knight and Payden Lynch all singled for the Bears.

The Bears were down 3-0 in game one when they scored their only runs in their half of the fifth inning. Patric Devlin was hit by a pitch and Hulbert walked to get

things started. Devlin later scored on Durr's single past second base and Hulbert reached the plate on Carroll's sacrifice fly.

Jesse Travis gave up five hits and an earned run to take the loss in 6.1 innings on the mound. He struck out three batters while walking four. J. D. Stockstill struck out one and walked one in a brief appearance on the hill.

Cole Guyton had a double for the Bears while Carroll and Tyler Towles also hit safely.

The Bears return to action Tuesday when they host their arch-rival Co-Lin. The South Division doubleheader, scheduled to start at 1:00, serves as the first round of the 9th Annual Coca-Cola Baseball Challenge presented by Powerade.

March 18, 2014

A complete-game win by Cliff Hurst in the opener and a five-run sixth inning in the finale allowed the Southwest Bears to pick up a 5-3, 8-4 sweep over visiting Co-Lin Tuesday. The MACJC South Division wins also served to put the Bears up 2-0 in the 9th Annual Coca-Cola Baseball Challenge presented by Powerade.

Southwest returns to action Saturday when they travel to Ellisville to face the NJCAA's top-ranked team, Jones County, in a 2:00 South Division doubleheader.

Southwest took a 2-0 lead in the third inning of game one Tuesday. Trey Wynn led off the inning with a single to leftfield. Advancing to second on a stolen base and to third on an Andrew Hulbert base hit, he scored on a Logan Ferrell sacrifice fly. Hulbert later scored on a sacrifice fly by Anthony Durr.

After virtually cruising through the first three innings, Hurst stumbled a bit in the top of the fourth. Loading the bases on a walk, hit batter and base hit, Co-Lin scored three runs on a Wesley Watts sacrifice fly and Blake Talbot single to take a 3-2 lead.

The Bears answered and regained the lead for good, 4-3, with a pair of runs in the bottom of the fourth. On base with a one-out single, Hodges scored on a sacrifice fly by Wynn while Patric Devlin scored as part of a double steal. The Bears picked up the final run of the game when Durr, on base after being hit by a pitch, scored on a passed ball.

Hurst scattered five hits while allowing three runs in his seven innings on the mound. He struck out nine batters while walking only two and hitting one.

After the game Hurst said, "My defense played well behind me.

Coach Jackson (the Bears pitching coach) and I were on the same page because we had talked about the (Co-Lin) hitters all week, what they could and what they couldn't hit. Overall, I had a decent day on the mound and was pretty blessed."

Ferrell had a double in the game for the Bears while Cole Guyton and Tyler Towles also hit safely.

Two runs in the first inning gave the Bears an early 2-0 lead in the nightcap. Ferrell led off the game with a single to centerfield and scored three batters later on a Payden Lynch base hit. A Co-Lin error allowed Lynch to reach the plate.

A Colby Whitfield single and Konner Burke double helped Co-Lin tie the game with a pair of runs in the top of the third inning. They scored a solo run in their half of the fifth to take a 3-2 lead. The Bears knotted the game at 3-3 with a run in the bottom of the fifth when Ferrell, on base via a fielder's choice, scored on another Co-Lin error.

The Bears sent nine batters to the plate and exploded for five runs in the bottom of the sixth to take an 8-3 lead. With the bases loaded, Hodges scored from third as he and Devlin pulled off a flawless suicide squeeze. Hulbert followed with a single to right field, his second hit of the game, to allow Wynn and Austin Knight to reach the plate. A Ferrell ground out sent Devlin racing to the plate while Hulbert scored on a Durr base hit.

Co-Lin picked up a single run in the top of the seventh, but could not produce further runs as the Bears took the win.

"When I came up to bat, I knew it would come down to a suicide squeeze," Devlin said after the game of his rally-starting play, "and I knew I had to get the perfect pitch. I executed it and we got the runs and got a rally going."

Brady Badon pitched 1.2 innings of relief to pick up the win for the Bears. He gave up an unearned run while striking out five of the eight batters he faced. He issued one base on balls.

Starter Chase Ladd gave up two runs, one earned, on two hits while striking out two and walking one in three innings on the mound. Sam Richard followed Ladd on the mound and gave up a run on four hits while striking out a batter.

Hodges had two hits in the game for the Bears while Knight also hit safely.

Basketball All-Tourney Regional 23



Katrina Littlepage and April Levy

Guards Katrina Littlepage and April Levy have helped the Southwest Lady Bears to one of the program's best seasons ever. Their efforts have also helped them earn individual honors which were handed out at the recent meeting of the MACJC coaches. The Lady Bears are currently 21-8 and made appearances in the MACJC state tournament and NJAA Region 23 tournament. They had an 11-game winning streak at one point during the season. Next week, they will play in the NJCAA's national championship tournament.

Littlepage (5' 6"-Slidell, LA) is leading the team with 16.6 points per game and has hit 73% of her free throws. She was named to the All-Region team and was also a 1st Team All-State selection.

Levy (5' 6"-Jackson, MS) is second on the team in scoring with 12.4 points per contest. She has hit 72% of her free throws. She was also named to the All-Region team and was a 2nd Team All-State honoree.

Both players were named to the All-Tournament team following last week's Region 23 tournament. Speaking of the duo, Southwest head coach Brent Harris said "We are very proud of the individual recognition that Katrina and April have received. They are very deserving of these honors." "We all view this as team recognition as well," he continued, "because good teams receive more awards and their teammates had a lot to do with their success."

Disney World here I am

By Huda Mohammad, staff writer

We are back to school! Where did our spring break go? I agree; it went by way too fast, but do not worry! Over time, school will fall back in place and your schedule will right itself. I hope everyone had a fun break, and caught up on some sleep. That was my plan, and I did have a lot of fun, but I would not say I caught up on sleep. Let's just say Disney is all play and no rest. Oh! That is right; I am back from Disney. Let me tell you all about it! There is a Walt Disney quote that says, "All our dreams can come true, if we have the courage to pursue them." That is exactly what you can do at Disney, and I now understand why it is such a magical place to visit! Everyone there is so friendly, and everything is so beautiful. The parades were my favorite. They were filled with lights, characters, fireworks and music. At night, they lit up the whole place. It was absolutely magical. Also, the parks were so fun. A few parks I visited while I was there included the following: Magical Kingdom, Epcot, Animal Kingdom, and Hollywood Studios. I also got to visit Downtown Disney. My favorite parks were Magical Kingdom and Epcot. Also, the tips I told you about before spring break were extremely helpful. Even though the weather was beautiful, you had to drink plenty of water. Oh, and those fastpasses? Saved me a ton of time! I would get those again for sure if I visited Disney again. I had the most amazing time during my spring break, and I hope you did too. Disney's a great place to go for your next spring break. Think about it! I promise you will not regret it.

SGA officers attend V.O.I.C.E.S. in Jackson



Justin McCray, Freshman President; Edward Miller, SGA President; Nikki Atkinson, SGA Secretary; Brandon Williams, Sophomore President; and Jared Lee, Sophomore Vice-President.

The Mississippi Association of Community and Junior Colleges held its annual Legislative Appreciation Luncheon at Galloway United Methodist Church on Tuesday, February 25.

Southwest Mississippi Community College not only spoke with the members of this important branch of government but they also entertained them. The twenty-member steel drum band played to the delight of each person that attended. Showcasing their talents to remind the legislators of the importance of music, the arts, and that these things are only possible if they continue to support the middle level funding

budgeted each year for Community and Junior Colleges in our state.

MACJC "Student V.o.i.c.e.s." is a group of Mississippi's public two-year college students. "Student V.o.i.c.e.s." hopes to establish a communication line between students and their legislators. "V.o.i.c.e.s." primary objectives are the following: "V" Voter registration for students, "O" Organization of the political concerns of student bodies, "I" Inspiration for students to be politically active; "C" Creation of communication lines between legislative and Congressional members and students, "E" Education of students about cur-

rent legislation that affects them personally and scholastically; "S" Service learning through a statewide network of civically engaged community college student citizens.

The legislators were able to visit and get to know the students they impact. The four students who acted as "Student V.o.i.c.e.s." were our Student Government Association members Nikki Atkinson, Jared Lee, Justin McCray, Edward Miller and Brandon Williams. Our "Student V.o.i.c.e.s." shared with their legislator, as well as other legislators, the important role Southwest has played in their lives. Not to mention the opportu-

nities, endless support, and valued education this community college has offered them all for a low and affordable cost. This would not be possible without funding given by the Mississippi legislature.

As students at Southwest, you are encouraged to write your legislator and express to them how important education is to you and why you choose to attend a Mississippi community or junior college. Your "voice" helps ensure the future of education as well as Mississippi's community and junior colleges.

Honors' students visit Eudora Welty's home



Members of the SMCC Honor's Program and faculty toured recently Eudora Welty's home in the Belhaven area in Jackson. Pictured are the following: Amy Greer, Rachel Pace, Demetrius Quin; second row: Marlee Touchstone, Taylor Morgan, Sarah Szopinski; third row: Logan Brister, Gwen May, SMCC English instructor; Michael Evans, and Dr. Elaine Coney, SMCC English instructor

By Demetrius De'Von Quin, staff writer

On Wednesday March 19, 2014 some students from SMCC Honors program went to Ms. Eudora Welty's home. There they learned about the life of Ms. Welty. I had the honor of going with the students. This is a review of the trip!

We left SMCC around 0930 heading up to Jackson. First we went to the education center. While there we learned that Ms. Welty had close friends but never married. She gives credit to her parents for her writing skills. She was awarded the Presidential Medal of Freedom, among numerous awards including the Order of the South. She was the first living author to have her works published by the Library of

America. Her house in Jackson, Mississippi has been designated as a National Historic Landmark and is open to the public as a house museum.

Eudora Welty was born in Jackson, Mississippi on April 13, 1909. She is the daughter of Christian Webb Welty and Mary Chestina Welty. She grew up with younger brothers Edward Jefferson and Walter Andrews. Ms. Eudora's mother was a schoolteacher. Eudora soon developed a love of reading, reinforced by her mother who believed that "any room in our house, at any time in the day, was there to read in or to be read to". Her father, who worked as an insurance executive, was intrigued by gadgets and machines and inspired in Eudora

a love of all things mechanical. She later would use technology for symbolism in her stories and would also become an avid photographer, like her father. She traveled a lot, and always brought back something from the place in which she went. She used the money from her stories and books to travel and shop. She had to put her travels on hold in the 30's when her father got ill. After his death in 1931, she picked up where she left off. She again had to pause her life later on when her mother grew old and ill.

Some of her commemorations includes: The name of the email program Eudora, developed by Steve Dorner in 1990, was inspired by Welty's story "Why I Live at the P.O." In 1973, the state of Mississippi established May 2

as "Eudora Welty Day". Each October, Mississippi University for Women hosts the "Eudora Welty Writers' Symposium." Mississippi State University sculpture professor, Critz Campbell, has designed furniture inspired by Welty that has been featured in the *Smithsonian Magazine*, *New York Times*, *L.A. Times*, *Washington Post*, *Elle Magazine* and the *Discovery Channel*. The portrait of Eudora Welty that hangs in the National Portrait Gallery at the Smithsonian was painted by her friend, Mildred Nungester Wolfe.

Her home is amazing and the education center as you can see is very informative. If you are ever in Jackson go by and visit!

Easter comes soon

By Austin Cutrer, staff writer

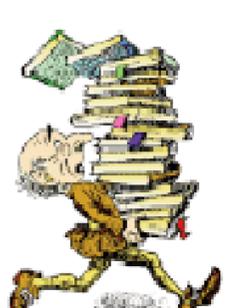
Have you ever sat down and truly thought about the true meaning of Easter, and the history of this sacred holiday? Allow me to borrow a few minutes of your time and give you a brief summary of the Easter holiday. The name Easter comes from the Hebrew symbol and word: פֶּסַח Pesah; a Christian festival and holiday celebrating the resurrection of Jesus Christ on the third day after his crucifixion at Calvary as described in the New Testament. Also, Easter is the culmination of the Passion of Christ, preceded by Lent, a forty-day period of fasting, prayer, and penance. Easter is linked to the Jewish Passover by much of its symbolism, as well as by its position in the calendar. In many languages, the words for "Easter" and "Passover" are identical or very similar. The holiday is also a symbol of the empty tomb. Easter customs vary across the Christian world, and include sunrise services, exclaiming the Paschal greeting, clipping the church and decorating Easter eggs. Additional customs that have become associated with Easter and are observed by both Christians and some non-Christians include egg hunting, the Easter Bunny, and Easter parades. I truly hope this has increased your knowledge about this holiday we celebrate all around the world.

www.google.com

Book Review: Divergent: One Choice Will Define You

By Rebekah Mote, staff writer

The most anticipated movie this March was *Divergent* bringing in an estimated 56 million in the box office sales on opening weekend. Being based off a trilogy book series by Veronica Roth, *Divergent* follows a sixteen year old girl named Beatrice Prior, also known as Tris. She's living in what we would call the future where society has categorized everyone into five different factions, Abnegation, Dauntless, Erudite, Candor, and Amity. The books are based in Chicago and are when society believed categorizing people would help to create harmony among people, which it hasn't at least not for long. Tris however is born Abnegation, but doesn't fit in, and like every person in this period of time, at age sixteen you are required to take an aptitude test to determine which faction you can choose. Tris' results are inconclusive and it proves dangerous for her as she embarks into her new faction of choice. Personally, Veronica Roth really did create a world where anything is possible and to be completely honest if your into the whole sci-fi fiction stories, this book will keep you on edge. At first I thought I wasn't going to enjoy the book myself, but I loved it and I am psyched to go see the movie. I can't give a full review, well because I'd give away too much of the storyline and then no one would want to read it, but I gave a few basics. All I can say, is make the choice to be different, be *Divergent*!





Word Search: Easter

By Jamie Harness
staff writer

EASTER TIME

C P E G G C I T I N G Z M M E
H A G U M D R O P S E W O G C
O S D E L I G H T F U L G H S
C T D E S S E L B F M S O F U
O E C E G G H U N T T C G L O
L L H E E Y D P E R O S N O I
A C I A N P R V A L Y U I W C
T O C S P R G I V A F N N P E I
E L K T U L A T O E G D P R L
B O S E A N E C O L W A O S E
U R H R G J O Y F U L Y H X D
N S X A E D A R A P B U N N Y
N F N E A S T E R B A S K E T
Y Z E V E R L A S T I N G K L
A N A E B Y L L E J G R A S S

ALIVE
CHICKS
DELICIOUS
EASTER
EGG HUNT
FLOWERS
HOPPING
PARADE

BLESSED
CHOCOLATE
DELIGHTFUL
EASTER BASKET
EGGSTRAVANGANZA
GRASS
JELLY BEAN
PASTEL COLORS

BUNNY
CHOCOLATE BUNNY
DYE
EGGCITING
EVERLASTING
GUM DROPS
JOYFUL
SUNDAY

Nursing students pack lunch boxes of love



Renea Johnson, Maya Toney, Tabatha Boyd, Katelyn Anderson, Clint Deer, Melanie Tidwell, Yvette Woods, Sierah Brabham, Mary Jane Wallace, Jessica Ryals, Yaminah Johnson; second row: Anita Brister, Amber Dickey, Ashlee Rember, Virginia Cagle, Ashley Andrews, Adrienne Miller, Yvette Case, Kassie Pounds, Donna Boothe, Alexandra Gautreaux, Charla McGregor, Julia Fortenberry, Kristen Hall, Chris Stewart; third row: Valeri Ray, Cassandra Simpson, Leanne Jubin, Hannah Calcote, Julie Etheridge, Cole Howell

SMCC nursing students kicked off their spring break by packing "Lunch Boxes of Love." The 3rd annual Lunch Box of Love Campaign led by Alecia Hollis, SMCC ADN Instructor, benefited 80 children fighting cancer at Blair Batson Children's Cancer Clinic. The project asks sponsors to donate \$20 dollars for an insulated lunchbox with a graphic. Members of the SMCC Student Nurses Organization collected

donations for items to go in the lunch boxes such as hot wheel cars, dinosaur figurines, yo-yos, card games, colors, activity books, etc. Students packed the items in the lunch boxes for delivery to Blair Baston. As an added benefit the lunchboxes were ordered through a direct selling company called Initial Outfitters who is in partnership with the ministry of Charlie's Lunch. It is because of this part-

nership that donations were multiplied because 100% of the sale of these lunchboxes went to the Charlie's Lunch ministry. Through Charlie's Lunch children in prosperity stricken areas around the world are not just fed physically but also spiritually. Currently Initial Outfitters sponsors seventeen lunch rooms and an orphanage.

Going Green: Easter

By Rebekah Mote,
staff writer

It's soon to be April and as such there are two different holidays to keep us going green! Easter and Earth Day! Now this year Easter falls on April 20th, while Earth Day is the following Tuesday on the 22nd. Though in this article I will cover the bigger holiday, Easter, I still want to remind people of Earth Day. With that said, let's begin. From the baskets to the chocolate bunnies, we spend money on items for Easter we don't intend to use on any other day. This year let's go a little under the money budget and save while staying green! As far as dyeing eggs goes, some packs of Kool-aid can be sufficed as dye. All you'll need is some boiling hot water, your packs of colored Kool-aid and an egg beater. Okay, so you boil the water of

course, pour it into individual cups for every color you want and then stick an egg inside the egg beater to dip down into the color cup of your choice! Okay, that sounded like a mouthful, but it's how you go about it. Other dyes can be made by boiling certain vegetables or fruits and using vinegar, but to get that information you may want to go online. Oh, and if you want certain designs for the eggs, you can tape/glue leaves to the shell, before dyeing them. As for the plastic eggs, they don't decompose so a way to keep it green is to reuse the ones from last year or thrift shop for them. Same goes for baskets, we know their cute and all, but sometimes just buying a used one or reusing the one from last year benefits just as well. Plastic grass that goes into the Easter baskets can be substituted with shredded newspaper or

if you want colorful grass then shred some color construction paper. Last but not least is the candy, from chocolate eggs to marshmallow peeps, we estimate spending around \$47 billion just on Easter candy every year in the U.S. Think of all the plastic wrappers and foil that gets thrown out. By creating your own treats and reusing some small plastic containers over and over we could save a lot on the candy and plastic used to wrap the candy. Whether it's reusing baskets and plastic eggs on Easter, or helping recycle bottles and planting trees on Earth Day we can all keep the world a little greener! <http://life.gaiam.com/article/make-every-easter-egg-green-easy-natural-egg-dyeing-tips> and <https://www.pinterest.com/> were a few of the websites I used. Have a Happy Easter and Earth Day everybody!

Renfroe lectures to ADN students



Joy Smith-Clayton, ADN instructor; Sierah Brabham, Alexandra Gautreau, Melissa Renfroe, R.N.; Tabatha Boyd, Cassandra Simpson, and Yvette Woods

By Huda Mohammad,
staff writer

Melissa Renfroe, a 1999 SMCC ADN graduate, discussed and shared her expertise and experiences as a Hospice nurse. She has been a Hospice nurse for fourteen years. A Hospice nurse is much more than just the average

nursing care. It focuses on the person, rather than the disease, offering a comprehensive level of care. Its main focus is to assure that the physical, psychological, social and spiritual needs are met. Melissa Renfroe said that her team at Compassus helps the end-of-life patient and family find hope by providing compassionate

care. Hospice care continues for the patients' family for about a year after the patient has expired. Renfroe shared all the joys and rewards she has received by being a Hospice nurse. She said, "Nursing like no other; it means everything to me. I found my calling, and you will too" to the determined nursing students.

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April 3, 4, 5, @ 7:00pm
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